

BLACKS AND FOOD IN CHICAGO RESOURCES

THE NEGRO IN CHICAGO: A STUDY OF RACE RELATIONS AND A RACE RIOT, BY THE CHICAGO COMMISSION ON RACE RELATIONS

<https://digitalcollections.nypl.org/collections/the-negro-in-chicago-a-study-of-race-relations-and-a-race-riot-by-the-chicago-#/?tab=about>

Junius B. Wood. 1916. "THE NEGRO IN CHICAGO: A FIRST HAND STUDY, (How He and His Race Kindred Came to Dwell in Great Numbers in a Northern City; How He Lives and Works; His Successes and Failures; His Political Outlook)," *The Chicago Daily News*, Dec. 11-27, 1916.

THE NEGRO IN CHICAGO, 1919 [Book]

https://librarycollections.law.umn.edu/documents/darrow/The_Negro_in_Chicago_1922.pdf

8. HOTEL AND RESTAURANT EMPLOYEES

Men.—In about twenty-five hotels and restaurants in which colored men are employed, wages are as follows:

Chief cooks	\$25.00 to \$30.00 per week
Waiters	25.00 to 40.00 per week
Bus boys	14.00 to 20.00 per week
Hotel porters	40.00 to 45.00 per month
Dishwashers	15.00 to 20.00 per week
Second cooks	20.00 to 25.00 per week
Ball boys	40.00 to 45.00 per month
Shoe shiners and washroom porters	15.00 to 20.00 per week

In all of the above-listed occupations the wages are augmented by tips. It is difficult to form an accurate estimate of the amount earned in tips for the reason that it is conditioned upon the character of service rendered and the inclination of the person served to pay for personal service. It would be fair to estimate that in hotels and restaurants known to employees as "good houses" the tips range from \$2.00 to \$5.00 per day. In a colored restaurant in the neighborhood of Thirty-first and State streets a wage of \$5.00 per week is paid to waitresses, while the tips have been known to total five times that amount.

Women.—The twenty-five hotels and restaurants concerning which the Chicago Urban League's Industrial Department has records, employ women in the occupations and at the wages listed as follows:

Waitresses	\$ 8.00 to \$15.00 per week and tips (break)
Chambermaids	25.00 to 45.00 per month and tips (break)
Pastry girls	15.00 to 20.00 per week and board
Kitchen help	9.00 to 15.00 per week and board

Allowing an average of 35 cents per meal for three meals, \$1.05 per day or \$7.35 per week should be added where board is included. This would make the following schedule of wages:

Waitresses	\$15.35 to \$22.35 per week
Chambermaids	54.40 to 74.40 per month
Pastry girls	22.35 to 25.35 per week
Kitchen help	10.35 to 23.35 per week

In clerical positions colored men have had very little opportunity, except in the post-office. There are exceptions, however, such as shipping clerks, stockkeepers, and bookkeepers.

The girls employed as long-hand entry clerks, typists, checkers, routers, and Elliott Fisher and adding-machine operators received during 1920 from \$15.00 to \$16.00 as a beginning wage. The chief supervisor (colored) in charge of 600 girls in one of the large mail-order houses received \$23.00 per week, and the assistant superintendent, a white man, received \$50.00 per week while analyzing the mail-order business under the chief supervisor. When the management's attention was called to the inequality, two additional supervisors were added and the work lessened without increase of pay.

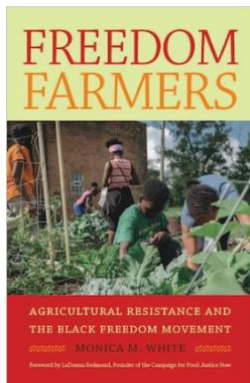
Another firm employing several hundred colored girls paid a white worker \$20.00 per week, while another with half that number of girls paid \$25.00 per week.

There was a deep-seated suspicion existing among the clerical force of a firm employing a large number of colored girls that the white girls employed by the same company received a higher wage than that paid the colored girls. The suspicion grew out of the mistake of an employment manager in mistaking a colored girl for a white one.



NEGRO MOTORIST GREEN BOOK

<https://digitalcollections.nypl.org/search/index?utf8=%E2%9C%93&keywords=NEGRO+MOTORIST+GREEN+BOOK>



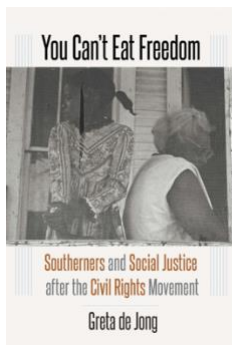
Freedom Farmers: Agricultural Resistance and the Black Freedom Movement

By **Monica M. White**

Foreword by LaDonna Redmond, Founder of the Campaign for Food Justice Now

1922
2022 **UNC** THE UNIVERSITY OF
NORTH CAROLINA PRESS

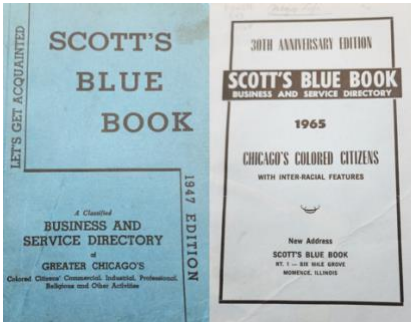
<https://uncpress.org/book/9781469643700/freedom-farmers/>



Greta De Jong. 2016. *You Can't Eat Freedom: Southerners and Social Justice after the Civil Rights Movement*, UNC Press, https://www.jstor.org/stable/10.5149/9781469629315_dejong



Ford S. Black. 1917. *Black's Blue Book: Directory of Chicago's Active Colored People and Guide to Their Activities*. Chicago: Ford S. Black.



“Scott's blue book a standard classified business and service directory of greater Chicago's colored citizens' commercial, industrial, professional, religious and other activities ...” *Scott's Business and Directory Service*, Chicago, Illinois (multiple editions).

1923 ‘Simms’ Blue Book’ of accomplished African Americans

<https://myauctionfinds.com/2019/11/18/1923-simms-blue-book-of-accomplished-african-americans/>

Tracy N. Poe. 1999. “The Origins of Soul Food in Black Urban Identity: Chicago, 1915-1947”, *American Studies International*, V37, 1 (February), pp. 4-33, [Mid-America American Studies Association](http://www.jstor.org/stable/41279638);
<http://www.jstor.org/stable/41279638>.

Tracy N. Poe. 1999. “Food, Culture, and Entrepreneurship among African Americans, Italians and Swedes in Chicago”, *Harvard University/ProQuest Dissertation Publishing*, Cambridge, Mass.
<https://www.proquest.com/pqdtglobal/docview/304502301/fulltextPDF/FAB2CF0FBF2B4B5DPQ/1?accountid=12874>

BLACK
FOOD & BEVERAGE

Black Food & Beverage celebrates a community of chefs, sommeliers, farmers, restaurateurs, servers, bartenders, writers, and more; a group that is powerfully present within all parts of the food and beverage industry. We know today's food culture has been shaped by the contributions of the Black culinarians. We know representation and documentation of our contributions are important. We know we are the trendsetters, never a trend.

<https://www.blackfandb.com/>



LOCAL NEWS

Mariano's "What's Next" program helping bring local Black brands to store shelves

<https://www.cbsnews.com/chicago/news/foodie-friday-marianos-black-owned-brands/>



<https://www.bembrooklyn.com/>

CRAIN'S CHICAGO BUSINESS

Equity

Chicago's Black restaurant owners develop their own recipes for financial success

By Ally Marrott



Credit: John R. Boehm
Stephanie Hart, owner of Brown Sugar Bakery, bought a candy factory and expanded her product line.

February 21, 2023 05:45 AM

<https://www.chicagobusiness.com/equity/chicago-black-restaurant-owners-recipes-success>

<p>STARTERS</p> <p>LOADED NACHOS OR LOADED FRIES - \$8* Doritos, Nacho Cheese, Betty BBQ Sauce, Lettuce, Pico de Gallo, Jalapenos. *ADD Smoked Chicken \$5, Pulled Pork \$5 or Brisket \$8</p> <p>GRILLED JERK SHRIMP - \$20 Grilled Calabasa Stem, Mango-Maple Salsa</p> <p>VEGAN OPTIONS</p> <p>FRIED BUTTERNUT MUSHROOMS - \$12 Sauce choice (BBQ, Lemon Aioli)</p> <p>VEGAN PULLED PORK SANDWICH - \$15 Coleman, pickles & seasoned fries</p> <p><i>Meats by the Pound</i></p> <p>SMOKED BRISKET \$20 SMOKED PORK SHOULDER \$18 RIB TIPS \$20</p> <p><i>Dessert</i></p> <p>BAVANNA PUDING - \$4</p>	<p>PLATTERS</p> <p>BRISKET - \$16 Includes one side & corn muffin</p> <p>SMOKED CHICKEN - \$13 Includes one side & corn muffin</p> <p>PULLED PORK - \$13 Includes one side & corn muffin</p> <p>SMOKED CHICKEN WINGS (6 Pcs) - \$10/\$12 Includes seasoned fries</p> <p>BRISKET MAC & CHEESE - \$16 Cherry macaroni, broiled, bread crumbs</p> <p>PULLED PORK MAC & CHEESE - \$14 Cherry macaroni, pulled pork, broiled crumbs</p> <p>SALADS</p> <p>CHOPPED SALAD - \$6 House mix lettuce, tomatoes, cucumber, baked egg, cheese and seasonal vegetables</p> <p>*ADD Smoked Chicken \$5, Pulled Pork \$5 or Brisket \$8</p>	<p>SANDWICHES</p> <p>SALMON BURGER - \$19 Avocado, Pickled Red Onion, Lemon Aioli, Lettuce & Tomato</p> <p>BRISKET - \$16 Coleman, House made Pickles, Seasoned Fries, BBQ Sauce</p> <p>PULLED PORK - \$13 Coleman, House made Pickles, Seasoned Fries, BBQ Sauce</p> <p>SOULFUL SIDES</p> <p>COLLARD GREENS - \$3.75 SHOULDER MAC & CHEESE - \$3.75 BRISKET BAKED BEANS - \$3.75 CANDY YAM - \$3.75 CASHWED FRIES - \$2.00 SLAW - \$3.00 COIN MUTTON - \$2.00</p> <p>THE WAGYU DOGS</p> <p>NIGHTY STEAK DOG - BRISKET - \$16.00 NIGHTY STEAK DOG - MEXICAN STYLE - \$16.00 NIGHTY STEAK DOG - CALLO CALLO AVACADO SALSA, JALAPENOS - \$16.00 NIGHTY STEAK DOG - CHICAGO STYLE - \$16.00 HOT SAUCE, TOMATO, SPINACH, PAPPARDE, MUSTARD, CHEESE SAUCE</p>	<p><i>Betty Specials</i></p> <p>CHIEF'S SPECIAL - \$17 Your choice of any two meats (Smoked chicken, rib tips, pulled pork, brisket) one side and corn muffin</p> <p>RIB TIPS & CHICKEN SPECIAL - \$15 Rib tips & smoked chicken served on a bed of seasoned BBQ fries topped with our Betty BBQ Sauce</p> <p>RIB TIP & SAUSAGE COMBO - \$17 Rib tips & Andouille sausage on a bed of seasoned BBQ fries topped with our Betty BBQ Sauce</p> <p>RIB TIPS SPECIAL \$18 - DOUBLE \$18 Rib tips served on a bed of seasoned BBQ fries topped with our Betty BBQ Sauce</p> <p>*ADD Smoked Chicken \$5, Pulled Pork \$5, Rib Tip \$8, or Brisket \$8</p>
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<https://www.lexingtonbetty.com/>



Typical southern plantation homes of migrants to Chicago



BUYING ICE FROM FREIGHT CAR SWITCHED INTO NEGRO RESIDENCE AREA



NEGRO STOCK YARDS WORKERS CUT OFF FROM WORK RECEIVING WAGES
Photograph taken at temporary pay station established at the Y.M.C.A. by packing companies